



# KNOW YOUR LIMITS

**Gambling isn't child's play.**



At the Colorado Lottery we're doing our part to break the problem gambling cycle. Help prepare your kids for happy and healthy lives by not letting them gamble, and by talking to them about responsible gaming.

## Youth Gambling Facts

Studies have shown that exposure to gambling at a young age leads to higher rates of problem gambling later in life.

As the popularity of internet gaming continues to increase, gambling is more appealing and readily accessible to young people than ever before.

While Scratch tickets make a great birthday present or stocking stuffer, they should NEVER be given to anyone who is underage.

**If you or someone you know has a problem with gambling call 1.800.522.4700**

